



BIO-HEALTH AWARDS 3 HERBAL ENTHUSIASTS FREE STUDY ON ACCREDITED HERBAL MEDICINE COURSE

Following a nationwide competition, Bio-Health Ltd, manufacturer of pure herbal medicines and VMS supplements based in Rochester in Kent, has awarded three outstanding herb enthusiasts a free place on the BHMA accredited *Discovering Herbal Medicine* course.

Deborah Jefferson of Sevenoaks, Kent, Debs Cook of Derby and Rosemary Norris of Tamworth, Staffordshire, all have a keen interest in herbs and complementary healthcare. Each winner correctly identified four images of herbs as part of the competition and have been awarded a free place, worth £400, on the *Discovering Herbal Medicine* course, courtesy of Bio-Health.

A one-year, distance learning course that gives an in-depth introduction to medical herbalism, *Discovering Herbal Medicine* aims to introduce students to medicinal plants and their uses, enabling them to use herbal medicines with confidence and understanding. The course is directed by Dr Alan Lakin and Dr Ann Walker, a Senior Lecturer in Human Nutrition at the University of Reading. More information on the course can be found at www.newvitality.org.uk.

Deborah Jefferson was awarded her prize at the British Herbal Medicine Association's (BHMA) AGM on Thursday 22nd June in London by Dr Ann Walker and Dr Alan Lakin, course leaders and June Crisp, Sales & Marketing Director for Bio-Health.

The other two winners were not able to attend the event but have been informed. Debs Cook and Rosemary Norris are both pleased and excited to have won the competition and are eager to begin their studies.

June Crisp, said:

““The DHM course allows those with an interest in herbs to benefit from an in-depth introductory course that will give them a better understanding of herbal medicine and its appropriate use in modern healthcare.”

“We are delighted that the competition inspired such a high standard of entries from people across the country and are pleased that we are able to encourage those with an interest in the benefits of herbal medicine to be able to study the area further.”

Further information about Bio-Health's range of pure herbal medicines and VMS supplements can be found at www.bio-health.co.uk.

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