

Press Enquiries: 020 7833 3759

BIO-HEALTH WINS SECOND AWARD AT ENVIRONMENT AWARDS FOR KENT BUSINESS

Bio-Health, the Rochester-based herbal medicine and vitamin manufacturer, has been presented with an award at the annual 'Environment Awards for Kent Business', for the second year running.

The highly respected producer of pure, additive-free herbal medicines and vitamin & mineral supplements, was given the award for '**Championing the case for Sustainable Business**', in recognition of the efforts the company has made to carry out and promote the cause of environmentally-friendly practice in business.

The company's Sales & Marketing Director, June Crisp, was joined by Anita Ashton, Office Manager and Angela Walker, Production Manager, when they received the award at a ceremony on 9th December. Anita and Angela have both taken on the role of 'Environment Officer' for their departments within the company.

Sustainability is very important to Bio-Health and the company has encouraged all its staff to embrace eco-friendly practice at work, which has led to the appointment of Anita and Angela as Environment Officers. In addition to their daily roles, they are responsible for ensuring that 'green' practices are carried out and helping to identify new eco-friendly solutions within their departments.

Bio-Health was awarded the 'Fastest Achieving Small Business Award' at last year's awards and the company spent 2005 improving on its endeavours and communicating the benefits of sustainable business practice to other businesses.

Amongst the activities that the company has undertaken, are:

- Regular staff meetings to discuss further efforts that could be made to cut down on waste and improve eco-friendly business practice.
- A staff incentive scheme to reward those who are committed to the programme and to stimulate proposals for new methods of sustainable operation.
- A PR campaign to communicate the benefits of the company's eco-friendly efforts to business and the wider community.
- Provision of bicycles for staff – encouraging them to cycle to work rather than drive.
- A wildlife garden in the grounds of the company's headquarters, to encourage wildlife and offer an improved environment for staff.
- Reduction in waste disposal by over 75% - aiming for 100% in 2006
- Recycling waste paper for use in the office and to replace polystyrene packaging.

June Crisp, who has been at the forefront of the company's 'green' campaign, said:

“We are delighted to have been given this second award by Kent Business. One tends to assume that if you win an award, you won't stand a chance of winning anything the following year. However, we have really raised our game this year and it is wonderful to have those efforts recognised and our staff to be rewarded for all the work they have put in.

“I hope that other companies will be able to see from our example that sustainable business practice has numerous rewards - from cutting down operating costs to improved staff morale and increased production.”

For further information about Bio-Health's eco-friendly business practice, contact Bloomsbury Communications on 020 7833 3759.

The Environment Awards for Kent Business are organised by the Kent Sustainable Business Partnership with support from the Environment Agency.

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DIGITAL PHOTOGRAPHY AVAILABLE – TEL: 020 7833 3759

PHOTO CAPTION:

June Crisp (left), Anita Ashton and Angela Walker (right) receive the award for 'Championing the case for Sustainable Business'.

